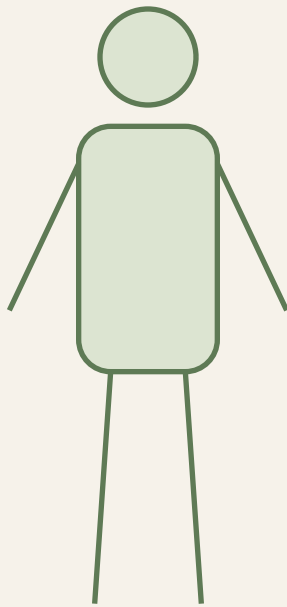


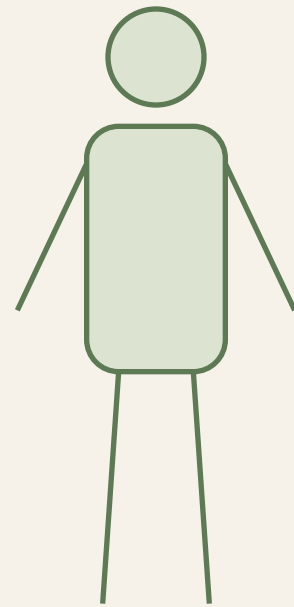
Where My Pain Travels

The thing that hurts is often not the thing that is stuck.

Mark where it HURTS with an X. Mark where it feels TIGHT or STUCK with an O. Then notice how they might be connected through the web.



front



back

What I notice about how the X's and O's connect:

YOUR PAIN WAS NEVER RANDOM

One stuck corner pulls the whole sheet. Where it hurts and where it is stuck are often far apart, and always connected.